

2-17-54
W. E. Emerick: This is your copy of
requirements of Phy. Ed. + Health in
COPY
Loudoun County High School.

W. E. Gibson

COMMONWEALTH OF VIRGINIA
State Board of Education
Richmond, 16
February 15, 1954

File

Mr. Caleb J. Gibson
Director of Instruction
Loudoun County Public Schools
Leesburg, Virginia

Dear Mr. Gibson:

I wish to acknowledge receipt of your letter dated February 11 relative to materials needed in planning for the New Loudoun County High School. Accordingly, I have requested our shipping department to forward to you ten copies of our bulletin, "Health Education, Grades VIII - XII and am forwarding to you, under separate cover, two copies of the bulletin, "Planning Together For Health."

I am also enclosing a copy of our Supt's Memo. No 2679- Accreditation Standards and Provisions for Credit in Health and Physical Education for the High Schools of Virginia.

If I can be of further service, please advise me.

Sincerely yours,

Harold K. Jack, Supervisor
Health and Physical Education
Safety and Recreation

HKJ/mr
Enclosure

17-54

C O P Y

COMMONWEALTH OF VIRGINIA
STATE BOARD OF EDUCATION
RICHMOND 16

September 18, 1951
SUPTS. MEMO. NO. 2679

TO: Division Superintendents and High School Principals

FROM: Thomas T. Hamilton, Director of Secondary Education
Harold K. Jack, Supervisor of Health and Physical Education

SUBJECT: Accreditation Standards and Provisions for Credit in Health and Physical Education for the High Schools of Virginia

School people throughout the State have at one time or another expressed the desire that a suitable plan might be developed for the awarding of Carnegie unit credit in health and physical education, particularly since this program has become well established and is now required of all pupils in high school. During the past year, considerable study has been devoted to this matter. The Division of Secondary Education and the Health and Physical Education Service in the State Department of Education jointly invited the participation of a number of division superintendents, principals, and directors of instruction, on a committee, the purpose of which was to explore the possibility of credit in health and physical education and, if the awarding of credit seemed advisable, to suggest minimum standards.

The committee met and agreed that some type of credit in health and physical education should be granted and that such credit should be based on certain minimum standards. Questions of concern to the committee involved such matters as the amount of credit to be given and whether such credit should be within or beyond the sixteen units required for graduation.

The Division of Secondary Education and the Health and Physical Education Service of the State Department of Education working cooperatively with the committee of school personnel referred to above have proposed what appears to be a satisfactory plan for the awarding of credit in health and physical education. The plan recommended encourages high schools of Virginia to work toward requiring eighteen units for graduation, two of which shall be in health and physical education to be earned at the rate of one-half unit per year during the last four years of high school. The plan provides that pupils who may be exempted from classes in health and physical education during their last two years in high school would be expected to graduate with one unit in health and physical education, earned during the first two years in high school and one additional unit earned in another subject, making a total of eighteen units. The plan also provides that credit shall be based on certain minimum standards.

The attached statement on recommended requirements for graduation and provisions for credit in health and physical education has been approved by the State Board of Education.

TTH:csb

C O P Y

RECOMMENDED REQUIREMENTS FOR GRADUATION AND PROVISIONS
FOR CREDIT IN HEALTH AND PHYSICAL EDUCATION

It is recommended that high schools of Virginia work toward requiring eighteen units for graduation, two of which shall be in health and physical education to be earned at the rate of one-half unit per year in the last four years of high school. Credit in health and physical education shall be based upon the following minimum standards:

1. Properly certificated teachers - men instructors for boys and women instructors for girls.
2. Three-two program of health and physical education or an equivalent plan. (Note: The three-two plan involves the utilization of three periods each week throughout the school year for physical education instruction and the remaining two periods of the week should be devoted to health instruction.) Provide a complete and varied program in health and physical education instruction similar to that suggested in the State bulletin. Content should be so arranged as to provide for sequence and continuity.
3. Class load not to exceed 40 pupils per class (1000 pupil periods per week.)
4. Length of class periods shall be the same as for other credit earning classes.
5. Scheduling of health and physical education to provide for sequential treatment of content. (8th grade students scheduled as a group so that proper orientation can be provided. 9th through 12th grades scheduled either by grade or in combination of 9th and 10th grades and 11th and 12th grades.)
6. Instruction in Driver Education (classroom instruction) included in health education.

Pupils in the last two years of high school may be exempted from health and physical education when, through guidance and in the judgement of the principal, their needs indicate that they should take some other courses or engage in some other activities in lieu of the health and physical education requirement. Under this arrangement, pupils exempted from health and physical education will be expected to offer credit in other subjects in lieu of health and physical education.